

**DESCRIPTIVE METADATA OF DATASET**  
**EMOTIONAL INTELLIGENCE-EQi-YV\_Data\_IC\_T4-Post**

| Nº | Variable          | Label   | Values   | Measure | Width |
|----|-------------------|---|--|---------|-------|
| 1  | ID                | Child's identification  | NOTE. Student unique identification code consisting of 6 digits. The first digit indicates the cohort (1 = Comparison; 2 = Intervention). The second digit indicates the geographical area of the school (1 = Castellón; 3 = Seville). The third digit indicates the school number within each geographic area. The fourth digit indicates the classroom within this school. The fifth and sixth digits are the list number of the child in the classroom the first time he/she participated in the investigation (new children are assigned the first available list number in that classroom). The identification code is assigned the first time the child enters in the participants' sample using the digits corresponding to that moment, and it is never modified, even if the child changes school or classroom, or even cohort. | Nominal | 6     |
| 2  | Sample            | Sample to which the participant belongs                                       | 21= Cohort Intervention of Castellón (Spain)   | Nominal | 2     |
| 3  | Classroom_T4post  | Classroom of the participant in fourth grade of Primary Education.            | NOTE. Classroom code. It consists of the first 4 digits of the child's identification number (ID); cohort, geographical zone, school, and classroom within the school.   | Nominal | 4     |
| 4  | NClassList_T4post | Classroom list number of participant in the fourth grade of Primary Education |  | Nominal | 2     |
| 5  | Sex               | Sex of the participant  | 0 = Boy<br>1 = Girl  | Nominal | 1     |
| 6  | EQi_YV_01_T4post  | I enjoy having fun.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often)   | Scale   | 1     |
| 7  | EQi_YV_02_T4post  | I am good at understanding the way other people feel.                         | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often)   | Scale   | 1     |
| 8  | EQi_YV_03_T4post  | I can stay calm when I am upset.  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often)   | Scale   | 1     |
| 9  | EQi_YV_04_T4post  | I am happy.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often)   | Scale   | 1     |

|    |                  |  |  |       |   |
|----|------------------|--|--|-------|---|
| 10 | EQi_YV_05_T4post | I care what happens to other people.                     | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 11 | EQi_YV_06_T4post | It is hard to control my anger.                          | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 12 | EQi_YV_07_T4post | It is easy to tell people how I feel.                    | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 13 | EQi_YV_08_T4post | I like everyone I meet.                                  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 14 | EQi_YV_09_T4post | I feel sure of myself.                                   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 15 | EQi_YV_10_T4post | I usually know how other people are feeling.             | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 16 | EQi_YV_11_T4post | I know how to keep calm.                                 | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 17 | EQi_YV_12_T4post | I try to use different ways of answering hard questions. | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 18 | EQi_YV_13_T4post | I think that most thing I do will turn our okay.         | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |

|    |                  |   |  |       |   |
|----|------------------|---|--|-------|---|
| 19 | EQi_YV_14_T4post | I am able to respect others.                | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 20 | EQi_YV_15_T4post | I get too upset about things.               | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 21 | EQi_YV_16_T4post | It is easy for me to understand new things. | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 22 | EQi_YV_17_T4post | I can talk easily about my feelings.        | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 23 | EQi_YV_18_T4post | I have good thoughts about everyone.        | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 24 | EQi_YV_19_T4post | I hope for the best.                        | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 25 | EQi_YV_20_T4post | Having friends is important.                | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 26 | EQi_YV_21_T4post | I fight with people.                        | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 27 | EQi_YV_22_T4post | I can understand hard questions.            | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |

|    |                  |   |  |       |   |
|----|------------------|---|--|-------|---|
| 28 | EQi_YV_23_T4post | I like to smile.                                  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 29 | EQi_YV_24_T4post | I try not to hurt other people's feelings.        | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 30 | EQi_YV_25_T4post | I try to stick with a problem until I solve it.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 31 | EQi_YV_26_T4post | I have a temper.                                  | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 32 | EQi_YV_27_T4post | Nothing bothers me.                               | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 33 | EQi_YV_28_T4post | It is hard to talk about my deep feelings.        | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 34 | EQi_YV_29_T4post | I know things will be okay.                       | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 35 | EQi_YV_30_T4post | I can come up with good answer to hard questions. | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 36 | EQi_YV_31_T4post | I am able to describe my feelings easily.         | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |

|    |                  |  |  |       |   |
|----|------------------|--|--|-------|---|
| 37 | EQi_YV_32_T4post | I know how spend a good time.  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 38 | EQi_YV_33_T4post | I must tell the truth.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 39 | EQi_YV_34_T4post | When I want, I can find out a lot of ways to answer a hard question. | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 40 | EQi_YV_35_T4post | I get angry easily.  | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 41 | EQi_YV_36_T4post | I like do things for others.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 42 | EQi_YV_37_T4post | I am not happy.  | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 43 | EQi_YV_38_T4post | I can solve problem in different ways easily.                        | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 44 | EQi_YV_39_T4post | A lot of thing must happen to me, to get me angry.                   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 45 | EQi_YV_40_T4post | I feel good about myself.  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |

|    |                  |   |  |       |   |
|----|------------------|---|--|-------|---|
| 46 | EQi_YV_41_T4post | I get friends easily.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 47 | EQi_YV_42_T4post | I think I am the best in whatever I do.                       | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 48 | EQi_YV_43_T4post | It is easy to me telling people that I feel.                  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 49 | EQi_YV_44_T4post | When I answer hard questions, I try think a lot of solutions. | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 50 | EQi_YV_45_T4post | I feel bad when It hurt people's feelings.                    | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 51 | EQi_YV_46_T4post | When I am angry with someone, I keep angry for long time.     | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 52 | EQi_YV_47_T4post | I am happy about the kind of person I am.                     | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 53 | EQi_YV_48_T4post | I am good solving problems.                                   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 54 | EQi_YV_49_T4post | It is hard to me waiting to my turn.                          | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |

|    |                  |   |  |       |   |
|----|------------------|---|--|-------|---|
| 55 | EQi_YV_50_T4post | The thing I do entertain me.                                    | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 56 | EQi_YV_51_T4post | I like my friends.  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 57 | EQi_YV_52_T4post | I haven't bad days.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 58 | EQi_YV_53_T4post | I have problems telling my feeling to others.                   | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 59 | EQi_YV_54_T4post | I get angry easily.   | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |
| 60 | EQi_YV_55_T4post | I am able to perceive when one of my best friends is not happy. | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 61 | EQi_YV_56_T4post | I like my body.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 62 | EQi_YV_57_T4post | Even when the things turn hard, I don't give myself defeated.   | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often) | Scale | 1 |
| 63 | EQi_YV_58_T4post | When I get angry, I act without thinking.                       | 4= No true of me (never, seldom)<br>3= Just a little true of me (sometimes)<br>2= Pretty much true of me (often)<br>1= Very much true of me (very often) | Scale | 1 |

|    |                             |   |  |       |   |
|----|-----------------------------|---|--|-------|---|
| 64 | EQi_YV_59_T4post            | I know when people are angry, even when they don't tell anything. | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often)               | Scale | 1 |
| 65 | EQi_YV_60_T4post            | I like how I look.  | 1= No true of me (never, seldom)<br>2= Just a little true of me (sometimes)<br>3= Pretty much true of me (often)<br>4= Very much true of me (very often)               | Scale | 1 |
| 66 | EQi_YV_Intrapersonal_T4post | Intrapersonal Socioemotional Dimension                            | Sum of the items: 07, 17, 28, 31, 43 and 53<br>or<br>(Mean of the items 07, 17, 28, 31, 43 and 53) *6  | Scale | 3 |
| 67 | EQi_YV_Interpersonal_T4post | Interpersonal Socioemotional Dimension                            | Sum of the items: 02, 05, 10, 14, 20, 24, 36, 41, 45, 51, 55 and 59<br>or<br>(Mean of the items 02, 05, 10, 14, 20, 24, 36, 41, 45, 51, 55 and 59) *12                 | Scale | 3 |
| 68 | EQi_YV_StressManage_T4post  | Stress Management Socioemotional Dimension                        | Sum of the items: 03, 06, 11, 15, 21, 26, 35, 39, 46, 49, 54 and 58<br>or<br>(Mean of the items 03, 06, 11, 15, 21, 26, 35, 39, 46, 49, 54 and 58) *12                 | Scale | 3 |
| 69 | EQi_YV_Adaptability_T4post  | Adaptability Socioemotional Dimension                             | Sum of the items: 12, 16, 22, 25, 30, 34, 38, 44, 48 and 57<br>or<br>(Mean of the items 12, 16, 22, 25, 30, 34, 38, 44, 48 and 57) *10                                 | Scale | 3 |
| 70 | EQi_YV_GeneralMood_T4post   | General Mood Socioemotional Dimension                             | Sum of the items: 01, 04, 09, 13, 19, 23, 29, 32, 37, 40, 47, 50, 56 and 60<br>or<br>(Mean of the items 01, 04, 09, 13, 19, 23, 29, 32, 37, 40, 47, 50, 56 and 60) *14 | Scale | 3 |